

**WHEN:** August 26 & 27. Refreshments and check in at 9:00 and session wrap-up at 3:30 each day.

**WHERE:** Xenos Center, 1340 Community Park Drive, Columbus, Ohio  
<http://www.xenos.org/aboutxenos/meetings.htm#map>

**WHO FOR:** Case Managers, SSAs and professional staff, Program Managers of Day and Residential Support Organizations, & Mental Health Clinicians

**REGISTRATION:** \$60  
Two day on-line registration only. Includes lunch and refreshments.  
[Click here to register.](#)

**CEUs:** DD, Social work and Counseling CEUs available at close of session on August 27.

**QUESTIONS:**  
Pam.Berry@dodd.ohio.gov

**SPONSORS:** The Coordinating Center of Excellence in MI/DD, DODD, ODMH, OPRA, Ohio Association of County Boards, and Ohio Developmental Disabilities Council

## Julie Gentile, MD Mary Vicario, LPCC-S

**Building Understanding, Resiliency and Hope**  
New approaches for understanding and supporting people with complex neurobehavioral conditions and histories of trauma and toxic stress

**August 26 and 27, 2013**  
Xenos Center - Columbus Ohio

### Why this event is important

Some people who come to us for services have complex neurobehavioral conditions and histories of trauma and toxic stress. Traditional approaches to assessment, planning and service delivery often don't work. We need new approaches that are based on the latest research and best practices.

This two-day training brings together two nationally acclaimed experts –Dr. Julie Gentile and Mary Vicario– who have woven together their areas of expertise to bring fresh and hopeful approaches to serving people with complex support needs.

Dr. Gentile brings expert knowledge in holistic assessment approaches, counseling methods and establishing teams with strong working relationships that lead to positive outcomes. Mary Vicario brings expert knowledge in trauma and toxic stress. She recognizes that people who experience trauma and toxic stress develop a complex array of social, emotional, and behavioral challenges that, if left unaddressed, often have a long lasting and devastating impact.

With these two expert guides, participants will learn:

- The latest neuroscience on the impact of trauma on brain development, attachment and developmental milestones
- A framework for an EcoBioRelational Assessment
- Common “behaviors” and symptom clusters and how to investigate further
- How to identify and respond to trauma induced co-occurring disorders
- Strategies for powerful interviewing and counseling
- Three R's of Trauma Recovery: Re-experience, Release, and Reorganize
- What the Three R's mean for service coordination and service provision
- How to practice empathy and self-care

### Follow-up 'Theory to Practice' Sessions

Four follow-up sessions will be held in different areas of the state. These day-long sessions offer an opportunity to apply the knowledge and skills from the two-day training. Dr. Gentile and Mary Vicario will work with local teams to engage in focused planning around a few people identified by local teams. More information about this opportunity will be available at the August session.

### About the Presenters

**Dr. Julie Gentile** directs the Coordinating Center of Excellence in MI/DD and is a professor at Wright State University School of Medicine. She is a practicing psychiatrist and recognized national expert on co-occurring mental illness and developmental disabilities.

**Mary Vicario**, LPCC-S uses principles of relational neuroscience in her work at St. Aloysius and with Finding Hope, her Cincinnati-based private consulting practice. In addition to her clinical work she lectures and trains worldwide. She is affiliated with the Jean Baker Miller Training Institute at Wellesley and with trauma research at Harvard University.