**LIFE SKILLS INVENTORY**

**INDEPENDENT LIVING SKILLS ASSESSMENT TOOL**

|  |  |  |  |  |  |  |  |
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| INSTRUCTIONS | | | | | | | |
| **In order to accurately complete this assessment tool, please involve the individual, family and all pertinent staff that know the individual best in order to answer all questions accurately.**  --DOCUMENTATION—  When completing this assessment tool, the recorder is asked to place a check mark under the **(V)** column if the individual requires ‘verbal prompting’ to successfully complete the corresponding task, a check mark under the **(S)** column if the individual requires ‘supervision’ to successfully complete the corresponding task and a check mark under the **(I)** column if the individual is able to complete the corresponding task ‘independently’ without any prompting or supervision. | | | | | | | |
| COVER SHEET | | | | | | | |
| Name of Individual: | | | | | | TABS#: | Date of Birth: |
| PERSON(S) INVOLVED WITH LIFE SKILLS ASSESSMENT | | | | | | | DATE OF ASSESSMENT |
|  | | | | | | |  |
|  | | | | | | |  |
|  | | | | | | |  |
|  |  |  | | | **Category A: Money Management and Consumer Awareness** | | |
| **V** | **S** | **I** | | | **Basic**: | | |
|  |  |  | | | Keeps money safe in wallet, purse, or pocket (Does not throw away, tear, etc.) | | |
|  |  |  | | | Does not give money away | | |
|  |  |  | | | Identifies denominations, knows they are different even if unable to count | | |
|  |  |  | | | Counts a combination of coins | | |
|  |  |  | | | Counts a combination of bills | | |
| **V** | **S** | **I** | | | **Intermediate**: | | |
|  |  |  | | | Knows how to earn money in current setting | | |
|  |  |  | | | Has an understanding of the difference between “luxuries” and “necessities” (Wants vs. Needs) | | |
|  |  |  | | | Understands the difference between “sale price” and “regular price” (Compares prices) | | |
|  |  |  | | | Can identify, at least, 1 reason to save money | | |
|  |  |  | | | Can identify, at least, 1 way to save money | | |
|  |  |  | | | Can use a calculator to add, subtract, multiply, divide | | |
| **V** | **S** | **I** | | | **Advanced**: | | |
|  |  |  | | | Knows how to earn money in a community setting | | |
|  |  |  | | | Can use a ledger to account for personal spending | | |
|  |  |  | | | Knows how to open a checking account | | |
|  |  |  | | | Knows how to use an ATM/DEBIT/Phone Card | | |
|  |  |  | | | Ensures adequate money before placing an order | | |
|  |  |  | | | Can budget income to last the pay period | | |
|  |  |  | | | Can identify a desired luxury item (Television, stereo, game system, etc.) and develop a plan to purchase item | | |
|  |  |  | | | Can identify bills that would need payment in independent living situations (Rent, phone, food, transportation, etc.) | | |
| **V** | **S** | **I** | | | **Exceptional**: | | |
|  |  |  | | | Can balance/use a checking/savings account | | |
|  |  |  | | | Understands the responsibility of filing tax forms. Knows what information is needed to for filing taxes and knows where to go to get assistance if needed. | | |
|  |  |  | | | Understands buying on credit, loans, interest and late payment penalties | | |
|  |  |  | | | Shows some “sales resistance” to “something for nothing” advertising and “low weekly payment” credit plans | | |
|  |  |  | | | Budgets for unanticipated emergencies, seasonal bills, etc. | | |
|  | **CATEGORY B – Food Management/Social Dining Skills** | | | | | | |
| **V** | **S** | **I** | | | **Basic**: | | |
|  |  |  | | | Washes hands before eating meals | | |
|  |  |  | | | Washes hands before preparing food | | |
|  |  |  | | | Uses gloves when handling and/or preparing food items that are shared with others | | |
|  |  |  | | | Prepares snacks that do not require cooking | | |
|  |  |  | | | Can use a microwave | | |
|  |  |  | | | Can use a stove/oven | | |
|  |  |  | | | Maintains sanitation when handling foods, such as poultry, meat and dairy items | | |
|  |  |  | | | Sits at the table to eat | | |
|  |  |  | | | Uses appropriate utensils for different foods | | |
|  |  |  | | | Uses a napkin | | |
|  |  |  | | | Take appropriate bites (can avoid choking) | | |
| **V** | **S** | **I** | | | **Intermediate**: | | |
|  |  |  | | | Can follow a 3 or less step recipe | | |
|  |  |  | | | Can use identify and use cooking utensils for their intended purpose | | |
|  |  |  | | | Can use kitchen appliance effectively and safely | | |
|  |  |  | | | Stores food appropriately | | |
|  |  |  | | | Discards food according to expiration date | | |
|  |  |  | | | Can set the table with appropriate place settings | | |
|  |  |  | | | Can set the table with appropriate condiments | | |
|  |  |  | | | Can set the table with appropriate beverages | | |
|  |  |  | | | Can clear the table | | |
| **V** | **S** | **I** | | | **Advanced**: | | |
|  |  |  | | | Can follow a 3 or more step recipe | | |
|  |  |  | | | Can use measuring cups and spoons | | |
|  |  |  | | | Can develop a shopping list for a meal | | |
|  |  |  | | | Can identify healthy foods | | |
|  |  |  | | | Takes food that is only theirs | | |
|  |  |  | | | Uses appropriate tone of voice at the dining room table | | |
|  |  |  | | | Can engage in appropriate conversation at the table (does not swear, instigate peers or discuss treatment issues, etc) | | |
| **V** | **S** | **I** | | | **Exceptional**: | | |
|  |  |  | | | Can plan a weekly menu of nutritious meals | | |
|  |  |  | | | Can develop a shopping list for a weekly menu | | |
|  |  |  | | | Can adjust recipes to feed more or less people | | |
|  |  |  | | | Can compare what is already on hand to what is needed to avoid purchasing duplicate items | | |
|  | **Category C: Personal Appearance and Hygiene/Laundry** | | | | | | |
| **V** | **S** | **I** | | | **Basic Hygiene:** | | |
|  |  |  | | | Can dress self (including CLEAN underwear, socks, and tied shoes) in a reasonably acceptable fashion. | | |
|  |  |  | | | Can bathe self | | |
|  |  |  | | | Shower or bathes at least 1 x per day | | |
|  |  |  | | | Knows how to use soap, shampoo, deodorant, shaving cream other common personal products appropriate to gender | | |
|  |  |  | | | Brushes teeth regularly (at least 2 x per day) | | |
|  |  |  | | | Keeps hair clean and neat | | |
|  |  |  | | | *(Female Only)* Is discreet and sanitary in handling menstruation | | |
|  |  |  | | | Recognizes when nails need to be trimmed and asks for assistance from staff | | |
| **V** | **S** | **I** | | | **Basic Laundry**: | | |
|  |  |  | | | Dresses in CLEAN clothing daily | | |
|  |  |  | | | Places soiled clothing in laundry basket/clothing hamper | | |
| **V** | **S** | **I** | | | **Intermediate Personal Hygiene**: | | |
|  |  |  | | | Dresses in CLEAN clothing, appropriate to weather/activity | | |
|  |  |  | | | *(Male Only)* Can appropriately shave/maintain facial hair | | |
|  |  |  | | | *(Female Only)* Can shave under arms and legs as necessary | | |
|  |  |  | | | Cleans under nails | | |
|  |  |  | | | Clips/trims/files nails independently | | |
| **V** | **S** | **I** | | | **Intermediate Laundry**: | | |
|  |  |  | | | Can read and/or follow a clothing care label | | |
|  |  |  | | | Can operate a washing machine, using appropriate settings for load size | | |
|  |  |  | | | Can use appropriate amount of soap for load size | | |
|  |  |  | | | Can separate white and dark clothing | | |
|  |  |  | | | Can operate a dryer on appropriate setting for clothing type | | |
| **V** | **S** | **I** | | | **Advanced Personal Hygiene**: | | |
|  |  |  | | | Can recognize skin conditions requiring medical attention (rashes, acne, dry itchy skin, chapped lips, etc.) and ask for assistance from staff (in this setting) | | |
|  |  |  | | | Can recognize when personal hygiene supplies need to be replenished and request these items. | | |
| **V** | **S** | **I** | | | **Advanced Laundry**: | | |
|  |  |  | | | Can appropriate fold, hang and store clothing items | | |
|  |  |  | | | Can iron clothing as needed | | |
| **V** | **S** | **I** | | | **Exceptional Personal Hygiene Skills**: | | |
|  |  |  | | | Knows the cost of and can budget money for special hair and nail care (including permanents, braiding, manicures, etc.) | | |
|  |  |  | | | Knows the cost of and can budget for special hair and nail care products (special shampoo, hair clips and bands, nail polish, perfumes and scented lotions, etc.) | | |
|  |  |  | | | Knows the cost of and can budget for special clothing items (For example, $100.00 sneakers versus sale sneakers) | | |
| **V** | **S** | **I** | | | **Exceptional Laundry**: | | |
|  |  |  | | | Can sew on buttons and make minor clothing repairs | | |
|  |  |  | | | Can hand was items following the instructions on the label | | |
|  |  |  | | | Knows approximate cost of dry cleaning and can arrange for dry cleaning | | |
|  | **Category D: Health** | | | | | | |
| **V** | **S** | **I** | | | **Basic**: | | |
|  |  |  | | | Can open a childproof container | | |
|  |  |  | | | Know not to take someone else’s medication | | |
|  |  |  | | | Knows that drugs, alcohol and tobacco may be harmful to your health | | |
|  |  |  | | | Knows parts of the body | | |
|  |  |  | | | Knows how pregnancy occurs | | |
|  |  |  | | | Knows how and where to get emergency health care (in this setting) | | |
|  |  |  | | | Is accepting and compliant with health care plan *(including use of psychotropic medications)* as developed in this setting by assigned medical staff | | |
| **V** | **S** | **I** | | | **Intermediate**: | | |
|  |  |  | | | Can recognize and describe symptoms of colds, flu, and other common health problems | | |
|  |  |  | | | Know what to do for a minor cut, minor burn or minor splinter | | |
|  |  |  | | | Understands the risks of pregnancy and sexually transmitted diseases | | |
|  |  |  | | | Understands the risk of drug, alcohol and tobacco use and can provide an example for each of the three areas. | | |
|  |  |  | | | Is understanding (and part of planning) of current prescribed health care plan *(including use of psychotropic medications)* as developed in this setting by assigned medical staff | | |
| **V** | **S** | **I** | | | **Advanced**: | | |
|  |  |  | | | Can take own temperature using an oral thermometer | | |
|  |  |  | | | Can state what a dangerous temperature would be | | |
|  |  |  | | | Can describe how one would nurse him/herself through a cold or flu | | |
|  |  |  | | | Can describe what medications he/she takes and what they are for | | |
|  |  |  | | | Can recognize that one must follow the doctor’s prescription/directions when taking prescribed medications. | | |
|  |  |  | | | Recognizes/makes correct us of “over the counter” drugs for pain, stomach upset, diarrhea, fever, cold/allergy | | |
|  |  |  | | | Can describe how one would follow the directions as labeled on “over the counter” medications to take the medication safely | | |
|  |  |  | | | Can describe what is in a First-Aid Kit | | |
|  |  |  | | | Is accepting, understanding and involved with planning of a health care plan *(including use of psychotropic medications)* in this setting and/or would be in a community setting. | | |
| **V** | **S** | **I** | | | **Exceptional**: | | |
|  |  |  | | | Knows methods of birth control and how to obtain birth control devices | | |
|  |  |  | | | Knows how to prevent the spread of sexually transmitted diseases | | |
|  |  |  | | | Is conscious of diet, exercise, good eating habits and other preventative health measures | | |
|  |  |  | | | Can determine when to go to an emergency room versus making an appointment with a doctor | | |
|  | **Category E: Housekeeping** | | | | | | |
| **V** | **S** | **I** | **Basic**: | | | | |
|  |  |  | Can wash dishes in a sink using soap and hot water | | | | |
|  |  |  | Can operate a dishwasher | | | | |
|  |  |  | Can change a light bulb, safely (demonstrate or explain the process depending on setting) | | | | |
|  |  |  | Can make a bed (with sheets, blanket and pillow cases) | | | | |
|  |  |  | Knows how to dispose of garbage | | | | |
|  |  |  | Can recognize potentially toxic cleansing agents | | | | |
| **V** | **S** | **I** | **Intermediate**: | | | | |
|  |  |  | Can use vacuum cleaner properly | | | | |
|  |  |  | Can change bed linen | | | | |
|  |  |  | Knows how and how often to properly clean a bathroom sink and shower (identifying proper cleaning products in this setting) | | | | |
|  |  |  | Knows how and how often to clean kitchen sink, stove and counter tops (identifying proper cleaning products in this setting) | | | | |
|  |  |  | Knows how to sweep a floor | | | | |
|  |  |  | Knows how to mop a floor | | | | |
|  |  |  | Can identify how to safely use potentially toxic cleaning agents | | | | |
| **V** | **S** | **I** | **Advanced**: | | | | |
|  |  |  | Knows how and how often to clean a toilet (identifying proper cleaning products in this setting) | | | | |
|  |  |  | Knows how to use a plunger to unclog a toilet | | | | |
|  |  |  | Knows how to report the need for household repairs in this setting | | | | |
|  |  |  | Knows how to conserve energy and water | | | | |
| **V** | **S** | **I** | **Exceptional**: | | | | |
|  |  |  | Knows what repairs a landlord should perform | | | | |
|  |  |  | Knows how to get rid of and avoid roaches, mice, ants, etc. | | | | |
|  |  |  | Can do minor household repairs | | | | |
|  |  |  | Can change a fuse and/or reset a circuit breaker | | | | |
|  | **Category F: Housing** | | | | | | |
| **V** | **S** | **I** | **Basic**: | | | | |
|  |  |  | Understands the concept of renting | | | | |
|  |  |  | Knows how to access emergency shelter | | | | |
|  |  |  | Understands the rights of other residents with regard to property and noise (in this environment) | | | | |
| **V** | **S** | **I** | **Intermediate**: | | | | |
|  |  |  | Can describe how to find a residence | | | | |
|  |  |  | Understands basic terms (lease, utilities, studio, efficiency, security deposit, reference, etc.) | | | | |
|  |  |  | Knows how to get along with other residents (in this setting) | | | | |
|  |  |  | Demonstrates an ability to contribute the overall cleanliness and well-being of the house (in this setting) | | | | |
| **V** | **S** | **I** | **Advanced**: | | | | |
|  |  |  | Can complete a rental application and/or explain how to get assistance with filling out a rental application | | | | |
|  |  |  | Knows the role of a landlord | | | | |
|  |  |  | Understands the need to calculate “start-up” costs (utility deposits, connection fees, security deposit, first month’s rent, furniture, etc.) | | | | |
|  |  |  | Understands the rights of other residents with regard to property and noise (in an independent setting) | | | | |
|  |  |  | Understand the consequences if the rights of other residents are not respected (in an independent setting) | | | | |
| **V** | **S** | **I** | **Exceptional**: | | | | |
|  |  |  | Understands legal implications of not taking care of a rented residence | | | | |
|  |  |  | Demonstrates the ability understand “lease terms” and follow said terms | | | | |
|  |  |  | Knows how to access help if there is a problem with the landlord | | | | |
|  |  |  | Can access emergency assistance for utilities. | | | | |
|  | **Category G: Transportation** | | | | | | |
| **V** | **S** | **I** | **Basic**: | | | | |
|  |  |  | Knows to put seatbelt on in vehicle | | | | |
|  |  |  | Knows to ride safely in vehicle without distracting the driver | | | | |
|  |  |  | Knows how to walk safely on sidewalks and crossing streets | | | | |
|  |  |  | Knows how to ride a bike safely on the road and crossing streets | | | | |
| **V** | **S** | **I** | **Intermediate**: | | | | |
|  |  |  | Is familiar with different forms of public transportation | | | | |
|  |  |  | Can demonstrate where one would access each form of public transportation | | | | |
|  |  |  | Can state how one would pay for public transportation (For example, recognizing that a cab is more expensive than a bus) | | | | |
|  |  |  | Aware of consequences of driving without a license | | | | |
| **V** | **S** | **I** | **Advanced**: | | | | |
|  |  |  | If given instructions, can make public transportation journey involving several transfers | | | | |
|  |  |  | Can arrange transportation to work and appointments | | | | |
|  |  |  | Can fix a bicycle, or know where to get it fixed | | | | |
|  |  |  | Knows what is required to get a driver’s permit | | | | |
| **V** | **S** | **I** | **Exceptional**: | | | | |
|  |  |  | Has a driver’s license | | | | |
|  |  |  | Know and/or can estimate the cost of owning and operating a vehicle (monthly payments, weekly gas, etc.) | | | | |
|  |  |  | Understand the requirement to register and inspect a vehicle | | | | |
|  | **Category H: Job Seeking Skills** | | | | | | |
| **V** | **S** | **I** | **Basic**: | | | | |
|  |  |  | Knows what vocational opportunities are available in this setting | | | | |
|  |  |  | Understands what is being asked of them at current vocational setting | | | | |
|  |  |  | Has basic ability to follow directions in current vocational setting | | | | |
|  |  |  | Has basic ability to work with other individuals in this setting | | | | |
| **V** | **S** | **I** | **Intermediate**: | | | | |
|  |  |  | Has reasonable idea of what types of jobs are available to them | | | | |
|  |  |  | Knows where to seek assistance in finding employment | | | | |
|  |  |  | Knows what a job interview is | | | | |
|  |  |  | Knows the appropriate clothing to wear to a job interview | | | | |
| **V** | **S** | **I** | **Advanced**: | | | | |
|  |  |  | Can fill out and/or seek assistance with filling out a job application | | | | |
|  |  |  | Can contact temporary employment services | | | | |
|  |  |  | Can identify ads placed by private employment agencies | | | | |
|  |  |  | Knows to prepare for a job interview | | | | |
|  |  |  | Can complete a job interview | | | | |
| **V** | **S** | **I** | **Exceptional**: | | | | |
|  |  |  | Can develop a resume | | | | |
|  |  |  | Understands legal discrimination and where to seek help if discriminated against illegally | | | | |
|  | **Category I: Job Maintenance Skills** | | | | | | |
| **V** | **S** | **I** | | **Basic**: | | | |
|  |  |  | | Dresses for work appropriately | | | |
|  |  |  | | Reports to work on time | | | |
|  |  |  | | Understands job responsibilities and how to complete tasks | | | |
|  |  |  | | Knows to contact employer when not able to go to work | | | |
| **V** | **S** | **I** | | **Intermediate:** | | | |
|  |  |  | | Knows appropriate way to talk to a supervisor | | | |
|  |  |  | | Knows appropriate way to interact with coworkers | | | |
|  |  |  | | Knows what behaviors will get a person fired immediately | | | |
|  |  |  | | Knows how to ask for help with a problem on the job | | | |
| **V** | **S** | **I** | | **Advanced:** | | | |
|  |  |  | | Knows if eligible for sick time, personal time and vacation time | | | |
|  |  |  | | Knows what to do to get a raise | | | |
|  |  |  | | Knows where and when not to talk to co-workers | | | |
|  |  |  | | Knows what topics of conversation are appropriate in the workplace | | | |
|  |  |  | | Has a plan for handling anger when angry at a supervisor, co-worker and or customers | | | |
| **V** | **S** | **I** | | **Exceptional:** | | | |
|  |  |  | | Can implement anger management plan in majority of cases | | | |
|  |  |  | | Knows how to appropriately place a complaint at work | | | |
|  |  |  | | Knows the “unwritten expectations” at work | | | |
|  |  |  | | Knows how to ask for a raise | | | |
|  |  |  | | Knows what do to be eligible for a promotion | | | |
|  |  |  | | Knows legal rights as an employee | | | |
|  |  |  | | Knows acceptable means of leaving a job | | | |
|  | **Category J: Emergency and Safety Skills** | | | | | | |
| **V** | **S** | **I** | | **Basic**: | | | |
|  |  |  | | Know function of police, ambulance and fire department | | | |
|  |  |  | | Know how to contact police, ambulance and fire department | | | |
|  |  |  | | Is trained to evacuate the residence in case of fire | | | |
|  |  |  | | Knows proper ways of disposing of smoking materials, if smokes | | | |
|  |  |  | | Knows how to lock and unlock doors and windows | | | |
|  |  |  | | Knows how to check smoke alarm and replace battery | | | |
| **V** | **S** | **I** | | **Intermediate**: | | | |
|  |  |  | | Understands basic fire prevention (no smoking in bed, using a gas stove to heat, excessive use of extension cords, frayed electrical cords, etc.) | | | |
|  |  |  | | Knows what to do in case of fire (in this setting) | | | |
|  |  |  | | Knows how to use a fire extinguisher (if in independent setting) | | | |
|  |  |  | | Knows that improperly used appliances can cause fires and can explain how this happens | | | |
|  |  |  | | Can recognize the smell of a gas leak, smoke, etc. | | | |
|  |  |  | | Know who to contact if he/she smells a gas leak, smoke, etc. | | | |
| **V** | **S** | **I** | | **Advanced**: | | | |
|  |  |  | | Knows different methods for putting out different kinds of fires | | | |
|  |  |  | | Knows how to properly store cleaning materials (in an independent setting, such as bleach, ammonia, etc.) | | | |
|  |  |  | | Can usually determine situations in which professional medical help is needed | | | |
| **V** | **S** | **I** | | **Exceptional**: | | | |
|  |  |  | | Has completed First-Aid Training | | | |
|  |  |  | | Has completed CPR training | | | |
|  | **Category K: Knowledge of Community Resources** | | | | | | |
| **V** | **S** | **I** | | **Basic**: | | | |
|  |  |  | | Knows how to get emergency information by telephone | | | |
|  |  |  | | Knows whom to contact if injured or sick | | | |
|  |  |  | | Know where nearest supermarket or shopping district is located | | | |
|  |  |  | | Knows how to access emergency food and shelter | | | |
|  |  |  | | Know how to access a crisis line | | | |
|  |  |  | | Know how to get to and access nearest Social Services office | | | |
| **V** | **S** | **I** | | **Intermediate**: | | | |
|  |  |  | | Knows where nearest Laundromat is located | | | |
|  |  |  | | Knows where personal bank is located | | | |
|  |  |  | | Can use the Yellow pages to obtain information | | | |
|  |  |  | | Knows location of nearest post office and how to use it. | | | |
| **V** | **S** | **I** | | **Advanced**: | | | |
|  |  |  | | Knows who to contact if utilities are disconnected, or heat goes out | | | |
|  |  |  | | Can obtain a copy of birth certificate and duplicate social security card | | | |
|  |  |  | | Can obtain a Medicaid card and know what it is used for (medical attention, etc.) | | | |
|  |  |  | | Know about “specialized” resources: Mental health counseling, VD clinics, animal control, support groups, church services, etc. | | | |
| **V** | **S** | **I** | | **Exceptional**: | | | |
|  |  |  | | Knows who elected officials are and how to contact them | | | |
|  |  |  | | Knows what the Better Business Bureau does and how to contact them | | | |
|  | **Category L: Interpersonal Skills/Social Skills** | | | | | | |
| **V** | **S** | **I** | | **Basic**: | | | |
|  |  |  | | Can respond to introductions and answer simple questions. (Example: “What is your name?”) | | | |
|  |  |  | | Can identify the differences between acquaintance, friend and stranger | | | |
|  |  |  | | Maintains appropriate eye contact | | | |
|  |  |  | | Maintains appropriate body posture and facial expressions to current situation and emotions | | | |
|  |  |  | | Maintains appropriate tone of voice to situation | | | |
|  |  |  | | Has good, basic table manners | | | |
|  |  |  | | Can identify basic emotions (happy, sad, mad, etc.) | | | |
|  |  |  | | Can ask for help | | | |
|  |  |  | | Can name “small talk” conversations and engage others | | | |
| **V** | **S** | **I** | | **Intermediate**: | | | |
|  |  |  | | Can make introductions, including approaching others to introduce self | | | |
|  |  |  | | Is aware of boundaries and personal space in different level friendships | | | |
|  |  |  | | Does not tease, pick on or harass others | | | |
|  |  |  | | Can identify/explain feelings more complicated feelings | | | |
|  |  |  | | Can identify relationships that may be hurtful or dangerous | | | |
|  |  |  | | Can identify personal strengths and needs (with assistance if necessary) | | | |
|  |  |  | | Accepts or politely rejects invitations from others to be involved in social activities or events | | | |
|  |  |  | | Makes arrangements with peers for social activities | | | |
|  |  |  | | Knows where to get help if unable to resolve interpersonal conflicts | | | |
|  |  |  | | Has some ability to resolve conflicts with others | | | |
|  |  |  | | Refrains from physical violence as a means of solving interpersonal conflict | | | |
|  |  |  | | Has practiced how to say “No” to a peer who is attempting to persuade him/her to do something wrong | | | |
| **V** | **S** | **I** | | **Advanced**: | | | |
|  |  |  | | Can develop a realistic plan with appropriate steps identified to achieve goals | | | |
|  |  |  | | Can carry out plans, with some assistance provided | | | |
|  |  |  | | Can describe the best possible outcome if a goal is achieved and the worst possible outcome if the goal is not achieved | | | |
|  |  |  | | Can describe the relationship between actions and consequences | | | |
|  |  |  | |  | | | |
|  |  |  | | Avoids and/or ends hurtful or dangerous relationships | | | |
|  |  |  | | Seeks out age appropriate relationships | | | |
|  |  |  | | Labels and expresses anger and other difficult emotions appropriately, “talks out” problems | | | |
| **V** | **S** | **I** | | **Exceptional:** | | | |
|  |  |  | | Can develop and carry out a plan for personal achievement without supervision | | | |
|  |  |  | | Can anticipate, with limited input from others, what consequences might be associated with different choices | | | |
|  |  |  | | Can end a relationship in a healthy manner. | | | |
|  | **Category M: Legal Issues** | | | | | | |
| **V** | **S** | **I** | | **Basic**: | | | |
|  |  |  | | Knows the phone number of someone to call if arrested or victimized | | | |
|  |  |  | | Demonstrates a general understanding of what actions are against the law and what the consequences are | | | |
| **V** | **S** | **I** | | **Intermediate**: | | | |
|  |  |  | | Knows personal rights if arrested | | | |
|  |  |  | | Knows what the function of a lawyer is | | | |
|  |  |  | | Understands the term “Legal age” in terms of what one can and cannot do | | | |
|  |  |  | | Knows how to read (or ask for help reading) a contract before signing | | | |
|  |  |  | | Has understanding of dependency process | | | |
|  |  |  | | Know how and where to register to vote | | | |
| **V** | **S** | **I** | | **Advanced**: | | | |
|  |  |  | | Aware of the availability of free legal services | | | |
|  |  |  | | Understands the consequences of signing a contract or lease | | | |
|  |  |  | | Knows the legal penalty for all of the following: | | | |
|  |  |  | | -Buying, selling and possessing marijuana and other drugs | | | |
|  |  |  | | -Buying beer for underage individuals | | | |
|  |  |  | | -Trespassing | | | |
|  |  |  | | -Shoplifting | | | |
|  |  |  | | -Burglary | | | |
|  |  |  | | -Possession of Stolen meds | | | |
|  |  |  | | -Traffic violations | | | |
|  |  |  | | -Forcing sex and or touching an unwilling individual | | | |
|  |  |  | | -Having sex and/or touching a person under 18 years of age | | | |
|  |  |  | | -Physical assault | | | |
|  |  |  | | -Assault with a weapon | | | |
| **V** | **S** | **I** | | **Exceptional**: | | | |
|  |  |  | | Understands the “responsibilities” that coincide with a “right” | | | |
|  |  |  | | Is registered to vote | | | |
|  |  |  | | Knows where to go to vote | | | |
|  |  |  | | Knows the difference between “felony”, “misdemeanor”, and “violation”. | | | |
|  | **Category N: Pregnancy** | | | | | | |
| **V** | **S** | **I** | | **Basic**: | | | |
|  |  |  | | Knows resources for birth control | | | |
|  |  |  | | Knows location of family planning office | | | |
|  |  |  | | Knows options for birth control | | | |
|  |  |  | | Knows options for pregnancy | | | |
|  |  |  | | Knows dangers of drugs, alcohol and tobacco during pregnancy | | | |
|  |  |  | | Knows what adequate pre-natal care is (knows to see a doctor and follow doctor advice) | | | |

Additional information or comments: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_