**Intellectual and Developmental Disabilities Mental Health Champion**

**Introduction to the project**

The Intellectual and Developmental Disabilities Mental Health Champion is provided by the OSU Nisonger Building Bridges project. [[Building Bridges – About the Project – Nisonger Center (osu.edu)](https://nisonger.osu.edu/building-bridges-about-the-project/)], a project funded by the Administration on Community Living working to improve services and support for adults with intellectual disability/developmental disabilities (ID/DD) and mental health conditions.

A series of focus groups, surveys, and stakeholder interviews conducted as a part of this grant indicated that Direct Support Professionals (DSPs) are a key group who interact with adults with Intellectual and Developmental Disabilities and mental health conditions. In addition, they are at increased risk of experiencing stress and burnout.

The **purpose** of this project is to recruit organizations employing direct support professional (DSP) who are interested in providing support to their DSP staff in meeting the needs of adults with Intellectual and Developmental Disabilities and mental health conditions while also addressing DSP stress and burnout.

Mental Health Champions organizations **will be asked to commit to**

1. Have at least 3 individuals from their agency (including one supervisor and one direct support professional) attend a 6-week one hour live online training which would occur in April/May 2024.
2. Review two 1-hour webinars prior to completing the live training.
3. Have one organization representative attend monthly collaboration meetings with other mental health champion representatives after the live training (June-August 2024).

Mental Health Champion **organization staff will also have the opportunity** to participate in stress reduction programming.

**Funding:**  Those organizations who are selected to be Intellectual and Developmental Disabilities Mental Health Champion will be provided $2,000 to offset some of the costs incurred by setting aside staff time for the abovementioned activities. The first half of the amount will be awarded at the completion of the 6-week online training, and the second at the completion of the commitment and after attendance at the monthly follow up meetings. We will fund up to 10 organizations.

**Application Process**

**Eligibility**

* Organization who employs direct support professionals
* Organization provides services via direct support professional to adults with intellectual and/or developmental disabilities.
* MUST provide in-person services to adults with intellectual and/or developmental disabilities IN OHIO

**Deadline and Notification**

* The application on the following page must be submitted to [manisha.khatiwada@osumc.edu](mailto:manisha.khatiwada@osumc.edu) BY January 31, 2024, at 5:00PM.
* Notification of selection as a Mental Health Champion will be completed by February 9, 2024.
* If you have any questions, please contact [manisha.khatiwada@osumc.edu](mailto:manisha.khatiwada@osumc.edu)

**Intellectual and Developmental Disabilities Mental Health Champion Application**

**Person Completing Form**

Name:

Role at organization:

Email address:

Phone Number:

**Organization Information**

Organization Name:

Organization Address:

Organization Phone Number:

Organization web address (If applicable):

Do you provide services to adults with intellectual disabilities in Ohio? Please circle YES NO

In what county or counties in OHio do those for whom you provide services reside? Please list all counties:

How many clients with intellectual disabilities in Ohio do you provide with direct support provider services?

Please provide a description of your agency, including for whom you provide services, who you employ, and any other information that you think would be relevant (up to 250 words):

**Information on any previous training**

Please describe any training that you have provided to staff on the topic of intellectual and developmental disabilities:

Please describe any training that you have provided to staff on the topic of the occurrence of mental health conditions in intellectual and developmental disabilities:

**Rationale for applying and anticipated result**

Please describe why your agency would like to be an Intellectual and Developmental Disabilities Mental Health Champion:

After completing this project how will you share the information with others at your organization?

**Acknowledgement**

BY checking this box, I realize that if my organization is selected as a mental health champion I will expected to commit to the following:

1.) have at least 3 individuals from my agency (including one supervisor and one direct support professional) attend a 6-week one hour live online training which would occur in April/May 2024.

2.) Review two 1-hour webinars prior to completing the live training.

3.) Have one organization representative attend monthly collaboration meetings with other mental health champion representatives after the live training (June-August 2024).

4.) I understand that I may be asked to provide additional information about my organization as a part of this application process.

Yes, I agree to the above No, I do not agree to the above

**Authorization**

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Signature of Organization Administrator Contact information