

Project STIR™ – Training

[Steps Toward Independence and Responsibility]

June 19 - 21, 2019

Scroll to the bottom to register for this training or click this link: www.osdaohio.org/



For YOUTH and ADULTS
who live with disabilities and those who support them

This training designed to provide you tools to learn about YOU and advocate for yourself, connect with others, gain leadership skills and create a path to the good life YOU want!

Topics include:

- ✓ Speaking up about things important to you:
 - Knowing Yourself & Standing Up for Yourself
 - Communicating (effective and non-effective ways)
 - Solving Problems (individually and as a group)
 - Rights and Responsibilities
 - Self Determination and Being in the Community
- ✓ Learn to start or strengthen a local network group
- ✓ Charting your “LifeCourse”
- ✓ Plan next steps for training, advocacy and leading others

Hosted by: Highland County Board of DD and Pike County Board of DD in collaboration with the Ohio Self Determination Association. The training is partially funded by the Ohio Developmental Disabilities Council under the Developmental Disabilities Assistance and Bill of Rights Act.

For more information: Contact Dana Charlton, osda2011@gmail.com 614-562-1375 OSDA
Kraig Walker, 937-393-4237 Ext. 133 kwalker@highdd.org Highland County Board of DD
Scot Crace, 740-941-3591 scot.crace@pikeboarddd.org Pike County Board of DD



Participant Fee = \$550

If you **receive SELF Waiver services**, you may arrange to pay part (\$260) through Participant Goods and Services. Contact Dana Charlton

Participation by each person, living with a disability, includes:

- Attending with an ally who will support and learn with the participant
- Breakfast and Lunch on days 2 and 3 and afternoon snacks. Dinner each evening is “on your own”.
- Access to all presentation slides, handouts and links to other information used during the training is provided each participant and ally
- **NOTE: The Registration Fee does NOT include your hotel room for 2 nights.** OSDA has arranged for a reduced per night rate of \$112 plus fees and taxes of \$18.20. The total for the two nights is \$260.40.
- **Lodging arrangements are provided for those sponsored by the Highland and Pike County Boards of DD for both the participant and ally.**

You won't want to miss this training opportunity!

- ✓ **Presented by trainers who live with a disability** and are approved by the Council of Ohio Leaders (COOL) of the Ohio Self Determination Association (OSDA).
- ✓ Space for 30 individuals who live with a disability – **each with an ally (family, staff or friend)** who are trained with you and support you during the training. Ask a person to be your ally who will assist you to use what you learn.
- ✓ Empowers people with disabilities, with support from families, friends and other connections to use leadership skills to take charge of their lives. Provides practical, “how to” tools to be an advocate and leader in making choices about how to live your life and how to get support to reach the life you want. **Learn concepts and tools of “Charting the LifeCourse”**
- ✓ Develops or strengthens **local advocacy groups**.
- ✓ Provides **18 continuing education credits** to persons certified to work at a county board of DD and meets private provider certification training requirements of DODD.
- ✓ Uses a **“train the trainer” approach**, originally developed by the University of North Carolina, Chapel Hill, with funding from the Administration of Developmental Disabilities and is based on activities from their *Speak Up Guide*.

Location details:



Deer Creek State Park Lodge and Conference Center

22300 State Park Road #20, Mt. Sterling, Ohio 43143

Telephone: (740) 869-2020

<http://www.deercreekstateparklodge.com/deer-creek-activities/>

Use the link to find out about hotel services and location.

[Steps Toward Independence and Responsibility]
June 19 - 21, 2019 - Deer Creek State Park Lodge
****** Registration Deadline – May 27, 2019 ******

Please complete a registration form for each participant and ally and

Email to osda2011@gmail.com

or

Mail with check or purchase order, made payable to

Ohio Self Determination Association, to:

Attention: OSDA, 6551 Huntley Road, Suite i, Columbus, Ohio 43229

NOTE: Training details you need to know before you arrive will be provided by email 1 week prior to the training. Confirmation of your registration will be made after June 1, 2019.



1. Participant Name: _____ ☐ Male ☐ Female

Address: _____ City: _____

Zip: _____ County of Residence: _____

Email: _____ Phone: (____) ____ - ____

Please include a direct email address for each person attending

Special Learning or Accessibility Needs? _____

Special Diet Needs? _____



2. Support /Ally Name: _____ ☐ Male ☐ Female

Address: _____ City: _____

Zip: _____ County of Residence: _____

Email: _____ Phone: (____) ____ - ____

Please include a direct email address for each person attending

Special Learning or Accessibility Needs? _____

Special Diet Needs: _____

The Registration Fee does NOT include your hotel room for 2 nights – OSDA has arranged for a reduced per night rate of \$112 plus fees and taxes of \$18.20. The total for the two night is \$260.40. **Please contact the hotel directly to make your lodging arrangements (740) 869-2020.**

If payment or Purchase Order or PO number is not included, please enter name and mailing address of the person or organization responsible for payment: _____

If tax exempt, submit form to Deer Creek – could save you \$16.24 for the two nights.