

The OPRA Foundation 30 Spruce Street, 2nd Floor Columbus, OH 43215

# OPRA 2008 Fall Conference

September 15 - 16, 2008

Embassy Suites Hotel, Dublin, Ohio

*You Make a Difference*



Monday, September 15, 2008					
8:00 – 8:45am	<b>Registration: Coffee &amp; Danish</b>				
8:45 – 9:00am	<b>Welcome: Than Johnson, OPRA Board President, CEO, Champaign Residential Services, Inc.</b>				
9:00 – 10:30am	<b>#01 Keynote Presentation: Reaching Success by Exercising Rights and Responsibilities of Citizenship - Ollie Cantos VII, Special Counsel to the Assistant Attorney General for Civil Rights, U.S. Department of Justice (Invited)</b>				
10:30 – 10:45am	<b>Morning Break: Please Visit Exhibits</b>				
TARGET	CEO/COO	Program Directors	Human Resources	Direct Support PATHS	Nursing
10:45 - 11:45am	#02  Collaborating to Affect Policy   <i>Ollie Cantos</i>	#03  Representative Payee – Obligations, Rights, and Liabilities.   <i>Scott DeLong</i>	#04  Unemployment Claims Management   <i>Deborah Ansel</i>	#05  The DSP as Leader: Are Good Leaders Born or Made?   <i>L. Danyetta Najoli</i>	#06  Legal Aspects of Nursing Documentation in the ICF/MR   <i>Michele Conroy</i>
12:00pm – 1:15pm	<b>Lunch</b>				
1:15 – 3:15pm	#07  MRDD Futures Implementation   <i>Patrick Lanahan and Team Leaders</i>	#08  Out of the Shadows   <i>Michael Kontura Charlotte White</i>	#09  Health Insurance Feasibility Study Update   <i>Craig Burns</i>	#10  Maintaining your Passion or Perhaps Finding it Again   <i>Scott Osterfeld</i>	#11  Psychiatric Disorders & Psychiatric Medications   <i>Benitha Garrett</i>
3:15 – 3:30pm	<b>Afternoon Snack Break: Please Visit Exhibits</b>				
3:30 – 5:00pm	#12  Policy Updates   <i>Mark Davis Anita Allen Missy Craddock Teri Derry</i>	#13  ODMR/DD Behavior Support Committee: New Challenges of the Positive Intervention Culture   <i>Michael Rench Steve Maenle Susan Blum</i>	#14  HR Committees: Keeping Your Organization on Course   <i>Steve Baker</i>	#15  On the Track to Teamwork   <i>Jay Imel</i>	#16  <b>Philadelphia Insurance</b> Risk Management Best Practices for the Social Service Provider  <i>Ron Quattrochi</i>
8:30pm – 12:00am	<b>Reception / Euchre Tournament</b>				

## Tuesday, September 16, 2008

8:00 – 8:30am	<b>Registration: Coffee &amp; Danish</b>				
8:30 – 9:30am	<b>#17 Keynote Presentation: State of the State – MRDD Updates</b> <i>John Martin, Director ODMR/DD</i>				
9:30 – 9:45am	<b>Morning Break: Please Visit Exhibits</b>				
<b>TARGET</b>	<b>CEO/COO</b>	<b>Program Directors</b>	<b>Human Resources</b>	<b>Direct Support PATHS</b>	<b>Special Features</b>
9:45-11:45am	<b>#18</b>  Autism Updates  <i>Rep. Jon Peterson Dir. John Martin Doug Krinsky</i>	<b>#19</b>  Working with Families in Challenging Situations  <i>L. Danyetta Najoli</i>	<b>#20</b>  Drug Diversions in Health Care  <i>Dyann McDowell</i>	<b>#21</b>  Let's Talk About Success, Baby!  <i>Sam Hoar</i>	<b>#22</b>  Drama Kinetics for Fun & Function  <i>Pam Shooner Colleen McSwiggin</i>
12:00–1:30pm	<b>Lunch - 2008 Fall Conference Appreciation Luncheon</b>				
1:30 – 3:30pm	<b>#23</b>  Blueprints for Quality-CARF Accreditation for Planning and Positioning your Business  <i>Paul Andrew</i>	<b>#24</b>  Semi-Annual OPRA State Program Directors Forum  <i>Anita Allen OPRA Program Directors Committee</i>	<b>#25</b>  Managing Leaves of Absence Under New Rules  <i>Tomas Gibney</i>	<b>#26</b>  Documenting and Reporting on the Impacts of PATHS Credentialing  <i>Bernadette Wright Sheryl Larson</i>	<b>#27</b>  You're Walking, Talking & Breathing, but Are You Really Alive?  <i>Dave Rastoka</i>
3:30 – 3:45pm	<b>Afternoon Snack Break &amp; Exhibitor Raffle Drawing (at beginning of last break)</b>				
3:45 – 4:45pm	<b>#28</b>  Overtime: Controlling the Beast!  <i>Dave Rastoka Scott Phillips</i>	<b>#29</b>  Aging & Developmental Disabilities: Are We Ready for This?  <i>Patrick Maynard</i>	<b>#30</b>  Employee Engagement in Today's Workforce  <i>Patrice Kelly</i>	<b>#31</b>  What if they want to Bungee? How to be an Ally in Promoting Self-Determination  <i>Lisa Barnes</i>	<b>#32</b>  ICF/MR Certificates and ODMR/DD Licensure Survey Update  <i>Anne Biggers</i>



# Columbus Center For Human Services, Inc.

Dona England, Afek, President | (614) 204-6977  
Barb Heretta, Vice President | (614) 296-3825

## Services provided as follows



### The Career and Activity Center

540 Industrial Mile Road | Columbus, Ohio 43228  
Mary Santello, ADS Administrator | (614) 279-5742 Ext. 242  
[www.thecareerandactivitycenter.com](http://www.thecareerandactivitycenter.com)



**The Career and Activity Center** opened June 30, 2008. Participants have the options to acquire new skills: Achieve healthy lifestyles in the exercise and kitchen area. Explore their creativity in the art studio. Enjoy a multi-sensory experience in our state-of-the-art snoozel room. Plant a garden in the greenhouse. Access specialized job coaches and employment opportunities. And having fun meeting new people in the community.



### Supported Community Living

540 Industrial Mile Road | Columbus, Ohio 43228  
Christe Snyder, SCL Administrator | (614) 563-9058



**Supported Community Living** is an experienced provider of comprehensive in-home supports serving individuals with disabilities in central Ohio since 1989. The needs of the consumer come first and we focus on elevating the quality of life they experience.



### Park West Court Apartments

600 Industrial Mile Road | Columbus, Ohio 43228  
Barb Heretta, Vice President | (614) 296-3825

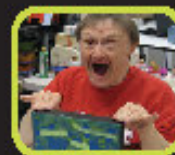


**Park West Court Apartments** is a specialized care facility providing comprehensive support services to adults with mental retardation and other developmental disabilities. Residents at Park West Court Apartments enjoy a supportive community where positive relationships grow.



### The Open Door Art Studio

1365 Grandview Avenue | Columbus, Ohio 43212  
Courtney Yoakum, Studio Director | (614) 486-4919



**The Open Door Art Studio** is dedicated to overcoming limitations and giving individuals with disabilities the opportunity to discover their expressive freedom.



**Monday, September 15, 2008**

**9:00 a.m. – 10:30 a.m.**

**#01 Keynote Presentation: Reaching Success by Exercising Rights and Responsibilities of Citizenship**

**Ollie Cantos VII**, *Special Counsel to the Assistant Attorney General for Civil Rights, US Department of Justice.*  
(Invited)

Blind since birth, Olegario “Ollie” D. Cantos VII is Special Counsel to the Assistant Attorney General for Civil Rights in the U.S. Department of Justice, originally commissioned by Attorney General Alberto Gonzales in March 2006. Mr. Cantos will discuss fostering closer ties between the Justice Department and disability rights leaders at all levels, facilitating greater compliance by businesses with applicable federal disability rights laws, and establishing and strengthening new cross-agency partnerships to promote full participation by people with disabilities in every facet of societal life.

**10:30 a.m. – 10:45 a.m. Break** (Please visit exhibits.)

**10:45 a.m. – 11:45 a.m.**

**#02 Collaborating to Affect Policy**

**Ollie Cantos VII**, *Special Counsel to the Assistant Attorney General for Civil Rights, U.S. Department of Justice.*

Mr. Cantos will facilitate a further discussion regarding his ability to network and bring stakeholders together for a common purpose. He will discuss collaborating with national leaders of disability rights organizations and high-ranking officials from the White House and various federal departments to provide consumer perspective on policies affecting the disability community.

**#03 Representative Payee – Obligations, Rights and Liabilities**

**Scott A. DeLong**, *Champaign Residential Services, Inc.*

In this session the participant will learn to identify the steps in becoming a Representative Payee and the tasks involved in adding those duties within the ISP. This session will also cover and explain the audit process.

**#04 Unemployment Claims Management**

**Deborah Ansel**, *Employment Specialist, Ohio Hospital Association.*

Participants will review documentation needed to successfully protest an unemployment claim. A question and answer session will take place as well as a discussion of various scenarios involving quit and discharge issues. This session also features a DVD of a mock unemployment hearing and a Hearing Officer will be present to review the appeal and hearing process and answer any questions.

**Monday, September 15, 2008**

**10:45 a.m. – 11:45 a.m.**

**#05 The DSP as Leader: Are Good Leaders Born or Made?**

**L. Danyetta Najoli**, *PATHS*

Are good leaders born or made? Participants will answer this question by learning the basics of effective leadership. They will understand their personal leadership style, various leadership schools of thought, and how to help others develop their leadership effectiveness. Participants will learn how to motivate and inspire others to action. They will learn how to become natural solution seekers and problem solvers. Participants will understand the similarities in the role of a direct support professional and a good leader. They will understand what people within their leadership really want and need from them.

**#06 Legal Aspects of Nursing Documentation in the ICF/MR**

**Michele Conroy**, *Rolf & Goffman Co., L.P.A.*

The presenter will provide an overview of the legal aspects of nursing documentation in the ICF/MR setting. Participants will also understand a variety of common documentation problems that should be avoided as well as what should and should not be included in a client’s medical record.

**12:00 p.m. – 1:15 p.m. Luncheon** (Please visit exhibits.)

**1:15 p.m. – 3:15 p.m.**

**#07 MRDD Futures Implementation**

**Patrick Lanahan**, *Deputy Director, ODMR/DD*

**Michael Rench**, *Deputy Director, Community Services, ODMR/DD*

**Ann Rengert**, *Deputy Director, Fiscal Administration, ODMR/DD*

**Patrick Stephan**, *Deputy Director, Medicaid Development Administration*

**Kate Haller**, *Chief Legal Counsel*

Patrick Lanahan, Deputy Director at ODMR/DD, will provide participants with an overview of the MR/DD Futures process to this point and will discuss projected outcomes for the new year. Additionally, participants will receive a brief summation of the progress thus far in written format to share with relevant members of their staff.



**Monday, September 15, 2008**  
**1:15 p.m. – 3:15 p.m.**

**#08 Out of the Shadows**

**Michael Kontura**, *Forensic Liaison, Cuyahoga County Board of MR/DD*

**Charlotte White**, *Forensic Services Supervisor, Cuyahoga County Board MR/DD*

This presentation will provide an overview of the evolution of specialized services and supports to persons with MR/DD in collaboration with the criminal justice system in Cuyahoga County and elements essential to the development of that collaboration. A review of the evolution and institutionalization of the Forensic Liaison's role will be presented. CCBMR/DD's role in increasing community awareness and capacity in support of this population will be discussed. Ongoing cooperative efforts between CCBMR/DD and local residential providers in developing person centered residential placement options will be presented. Current collaboration between CCBMR/DD, the provider community, and the criminal justice system in support of the increasing numbers of persons with MR/DD will be briefly reviewed.

**#09 Mergers and Consolidations in the Health Care Industry: The Impact on Employer Sponsored Health Care Plans**

**Craig Burns**, *Principal, Burns Consulting Associates*

**Vince Mirinelli**, *Insurance Broker and Benefit Consultant, Stapleton Insurance Group*

The health care service economy has seen an unprecedented period of mergers and consolidations, among health care providers, and among health care insurers and managed care plans. The impact on employer plans has been significant with fewer choices for employers, reduced price competition, and overall rapidly escalating prices. This session will examine the recent demographic, financial, and marketplace shifts in health care, the impact of federal and state government reform efforts, and take a look at the future of employer sponsored health care plans. Alternative solutions for employers in the new health care marketplace will also be examined. Consultants will be available to answer your questions regarding the OPRA Feasibility Study.

**#10 Maintaining your Passion or Perhaps Finding it Again**

**Scott Osterfeld**, *Operations Administrator, Ohio Alliance of Direct Support Professionals (OADSP)*

Chaos and change are constant, passion and strength are not. This humorous but challenging presentation will encourage your heart, strengthen your soul, and lead you back to the reason you chose to devote your life to serving others. In this session participants will be able to identify ways to maintain their passion and enthusiasm and identify strategies to enhance their attitude. This session will also grant the ability to identify "vision moments" in their every day experience where they are fulfilling their organization's mission as well as teach how to discover their unique contribution they can make to the people they serve. Lastly, this presentation will show the participant how to list a variety of courageous conversation starters to challenge themselves and their team to fulfill their mission.

**Monday, September 15, 2008**  
**1:15 p.m. – 3:15 p.m.**

**#11 Psychiatric Disorders & Psychiatric Medications**

**Benitha Garret**, *Director of Nursing, Phoenix Residential Centers, Inc.*

The purpose of this seminar is to present information that will enhance the understanding of many common psychiatric disorders experienced by individuals who have MR/DD and the medications used in their treatment. Attendees will be better prepared to differentiate between behavioral episodes, symptoms of mental illness and character traits and implement interventions that are most appropriate and specific to the individual. Participants will be able to define key terms used in psychiatric diagnoses and also be able to differentiate between a symptom of a psychiatric disorder and a behavior specific to the cause of an individual's mental retardation. This session will teach participants to identify the many common psychiatric diagnoses actively applied to individuals with MR/DD as well as how to review the action and rationale for use of psychotropic medications and precautions to take when they are prescribed. Participants will also review steps taken to achieve medical clearance before making adjustments in psychotropic medications and finally, participants will leave with a better understanding of the steps taken to ensure appropriate medical follow-up.

**3:15 p.m. – 3:30 p.m. Break** (Please visit exhibits.)





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**Monday, September 15, 2008**  
**3:30 p.m. - 5:00 p.m.**

**#12 Policy Updates**

**Mark Davis**, *President, OPRA*

**Anita Allen**, *Vice President, OPRA*

**Missy Craddock**, *Director of Government Relations, OPRA*

**Teri Derry**, *Senior Manager of Training and Professional Development, OPRA*

This session will provide up-to-the minute updates on the ever-changing issues and policies concerning the MRDD service delivery and administrative systems. Come and hear about what is happening in our state's capital and how it will shape OPRA's work in the coming months.

**#13 ODMR/DD Behavior Support Committee:  
New Challenges of the Positive Intervention Culture**

**Michael Rench**, *Deputy Director, ODMR/DD, Division of Community Services*

**Steve Maenle**, *Program Director, Sunshine Inc. of NW Ohio*

**Susan Blum**, *Behavior Support Consultant, ODMR/DD*

Michael Rench will present the challenges of the Positive Intervention Culture. By taking on these challenges, providers will be able to commit to moving even further in the direction of providing behavior supports in ways that promote respect, trust, and safe healthy relationships. Members of the subcommittees will present on their work on the Positive Intervention Culture in the areas of data collection, unapproved behavior restraint, crisis intervention, and workforce development. A crisis intervention program assessment will be presented, and provider assistance sought in a pilot of the tool. The tool is a set of questions designed to probe crisis intervention programs for the presence of components based on the values of a culture of positive intervention.

**#14 HR Committees: Keeping Your Organization on Course**

**Steve Baker**, *Program Director, Trinity Services*

In the crush of daily responsibilities, organizations often get sidetracked from their goal of providing quality services and supports. A well-organized Human Rights Committee will serve as an organizational compass and help us keep focused on True North. Participants will have the opportunity to briefly explore the origins of HRCs and the key role that they can play in establishing and maintaining critical values. They will explore practical guidelines for establishing and operating their committees and share strategies for continuing improvement. Participants will be invited to take advantage of unlimited phone and email support as they calibrate their own organizational compasses.



**Monday, September 15, 2008**  
**3:30 p.m. - 5:00 p.m.**

**#15 On the Track to Teamwork**

**Jay Imel**, *Training Manager, Koinonia Homes, Inc.*

An effective team first needs good leadership. A DSP on the PATHS track is also on the path to leadership. Learn how to develop an effective team and create the experience of teamwork. See how you can contribute to the success of your organization in a team oriented environment.

**#16 Philadelphia Insurance:**

**Risk Management Best Practices for the Social Service Provider**

**Ron Quattrochi**, *Senior Consultant, Philadelphia Insurance Companies, Loss Control Department*

A crisis or emergency situation can pose unique problems. Experience dictates that a safe and successful evacuation during an "emergency" is dependent on thorough preplanning, organization, education, training, and the rehearsal of emergency procedures. Training helps you properly prepare for a crisis and emergency and proper preparation will provide the safe evacuation in the event of a crisis or emergency. After this program, participants should be able to: understand the importance of emergency preparedness and review the organization's need for emergency preparedness.

**Reception/Euchre Tournament**

**8:30 p.m. -12:00 a.m.**

Join us for an evening of fun and entertainment.

There will be refreshments, music, games, and prizes.

You won't want to miss out!





**Tuesday, September 16, 2008**

**8:30 a.m. – 9:30 a.m.**

**#17 Keynote Presentation: State of the State – MRDD Updates**

**John Martin**, *Director, Ohio Department of Mental Retardation and Developmental Disabilities*

Join Director Martin as he reviews current issues and activities from the ODMR/DD. Special emphasis will be given to the MR/DD Futures implementation process.

**9:30 a.m. – 9:45 a.m. Break** (Please visit exhibits.)

**9:45 a.m. – 11:45 a.m.**

**#18 Autism Updates**

**Rep. Jon Peterson**, *2nd Ohio House District/Parent*

**Director John Martin**, *Director, Ohio Department of Mental Retardation and Developmental Disabilities*

**Doug Krinsky**, *Parent*

Representative Peterson and Director John Martin will review the latest information on autism services and initiatives. Also, hear the story of a father who has lived the journey for the past 8 years trying to get services for his child. He will explain the ups and downs and what the future holds for parents, kids, and adults within the Autism spectrum.

**#19 Working with Families in Challenging Situations**

**L. Donyetta Najoli**, *PATHS*

Family members can be a significant part of the lives of people with disabilities. But, sometimes strained relationships can hamper the overall quality of service. The session will help participants understand the dynamics of interpersonal relationships. They will understand how these dynamics play a part in dealing with challenging family situations. Participants will learn how to respond to important issues that arise from family members. They will learn ways to offer support in especially difficult situations and how to manage ongoing conflict. Participants will learn their own communication style and their influence. They will learn keys to effective communication that leads to enhanced professional relationships and better service to persons with intellectual disabilities.

**#20 Drug Diversions in Health Care**

**Dyann McDowell**, *President, Training Marbles Inc.*

Pharmaceutical drug diversions can be defined as any use of legal prescription medications for other than the legitimate medical purpose for which the drug was prescribed. Drug diversions are a crisis in the healthcare system. This session is designed to enlighten your leadership team with an overview on the rising incidents of drug diversions in health care and action steps needed to protect your facility.



**Tuesday, September 16, 2008**

**9:45 a.m. – 11:45 a.m.**

**#21 Let's Talk About Success, Baby!**

**Samuel Hoar**, *State Operations Coordinator, RMS Management, Inc.*

Every day Direct Support Professionals across the state of Ohio experience triumphs both large and small. All too frequently, those successes go unacknowledged. Participants are requested to bring stories of success they can share about their efforts to assist people with disabilities to live full, productive and happy lives. The facilitator will work to underline the common factors running through those stories and what they reveal about what it takes to be a leader in this field.

**#22 DramaKinetics for Fun & Function**

**Pam Shooner**, *Artistic & Education Director, Dramakinetics of Cincinnati*

**Colleen McSwiggin**, *Managing & Development Director, Dramakinetics of Cincinnati*

The Dramakinetics workshop introduces the concepts and uses of creative drama, music, and movement to enhance and/or acquire skills specific to developmental needs of all participants in an inclusive setting. Participants will understand the nature and application of Dramakinetics (drama and movement), a multi-disciplinary instructional/therapeutic approach. This session will allow understanding of how Dramakinetics is applied to an integrated classroom setting for the purpose of instruction and behavior management. Participants will be provided a sample multi-discipline unit and lesson plan as a model for their own application purposes.

**12:00 a.m. – 1:30 p.m. 2008 Fall Conference  
Appreciation Luncheon**





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## **OPRA Benefits Program**

During months of extensive planning, analysis, and review, the **OPRA Benefits Program** was formed to provide OPRA members with customized group purchasing advantages relating to:

- **Group Health Insurance**
- **Short and Long-Term Disability**
- **Group Life/AD&D**
- **Dental**
- **Vision**
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- **Customized Benefit Statements**
- **Pre-tax Voluntary Benefits - Section 125**
- **Retirement Plans, Plan Administration, and Plan Audits**

The **OPRA Benefits Program** is available exclusively through OPOC.us... OPRA's preferred provider. To learn how the **OPRA Benefits Program** can help your organization reduce cost and increase employee appreciation simply call **Jeff Kerbler, Lead Consultant at 1-866-676-2871** to schedule a Demonstration on-site at your facility. The **OPRA Benefits Program** is customer friendly and hassle-free. There is NO FEE to belong!



**Tuesday, September 16, 2008**  
**1:30 p.m. – 3:30 p.m.**

**#23 Blueprints for Quality – CARF Accreditation for Planning and Positioning Your Business**

**Paul Andrew**, *Managing Director, CARF*

With so many rapid changes and pressures upon community service providers – a road map to quality is needed. The presentation by CARF will illustrate to the attendee how a community organization and its community partners can use international standards to position and plan its services and business practices to create successful outcomes for persons served and their primary stakeholders. Attendees will leave this session with the ability to identify outcome expectations of primary stakeholders and also the ability to identify and list the services they can design to provide outcomes. This session will also grant the attendee the ability to understand the business practices and become familiar with the primary road map for setting up and managing the community provider's business functions to align with the outcome expectations of the person served.

**#24 Semi-Annual OPRA State Program Directors Forum**

**Anita Allen**, *Vice President, OPRA*

This presentation will focus on program issues from around the state pertaining specifically to private residential services and adult day services for individuals with MR/DD. The session will follow a specific agenda and format much like that of the official monthly OPRA Program Committee meetings. Topics of discussion will include Medicaid & state licensure reviews and surveys, state budget issues, administrative code rules, training needs, workforce development issues, and more. Participants will be given the opportunity to network with other professionals and discover the benefits a statewide coalition of program professionals can have on the strength and integrity of programs that serve and support people with developmental disabilities.

**#25 Managing Leaves of Absence Under New Rules**

**Thomas J. Gibney**, *Attorney at Law, Eastman & Smith Ltd., Toledo, Ohio*

This session will review current ADA issues and strategies and to discuss upcoming changes in the law and how those changes will affect day-to-day HR administration. This session will also cover strategies one can take to enable proficient navigation in regards to the FMLA and HFA.



**Tuesday, September 16, 2008**  
**1:30 p.m. – 3:30 p.m.**

**#26 Documenting and Reporting on the Impacts of PATHS Credentialing**

**Bernadette Wright**, *Senior Associate, The Lewin Group*

**Sheryl Larson**, *Senior Research Associate, RTC On Community Living (ICI), University of Minnesota.*

In September 2007, Ohio was awarded a competitive grant for one year of technical assistance (TA) through the Direct Service Workforce Resource Center to assist in documenting and reporting on the impacts of PATHS credentialing. In this session, TA providers from the Resource Center will share highlights findings from recent focus groups and surveys of PATHS graduates and participating employers. They will also discuss plans for conducting ongoing data collection so that the effect of credentialing can be measured on a regular basis and the impact of its success can be shared with policy makers, providers, and funders.

**#27 You're Walking, Talking and Breathing but are you Really Alive?**

**Dave Rastoka**, *Regional Director, ResCare*

This session will cover ten rules to living a happier and healthier life and will assist the audience in exploring the benefits of ongoing maintenance of a positive outlook.

**3:30 p.m. – 3:45 p.m. Break** (Please visit exhibits.)

**3:45 p.m. – 4:45 p.m.**

**#28 Overtime: Controlling the Beast!**

**Scott Phillips**, *Executive Director, Central Ohio, ResCare*

**Dave Rastoka**, *Regional Director, ResCare*

Overtime is an issue that all providers of service encounter once in awhile. This interactive session will look at the various causes of overtime and suggest some possible solutions. The training session will help attendees with root cause analysis in order to actively implement workable solutions. The time is right to get a handle on the OT...Let this session be your first step to decreasing that costly overtime.



**Tuesday, September 16, 2008**  
**3:45 p.m. – 4:45 p.m.**

**#29 Aging & Developmental Disabilities:  
Are We Ready for This?**

**Patrick Maynard**, *President/CEO, RHC (Resident Home Corporation and Housing Resource Group)*

Are we ready in Ohio to accommodate the inevitable flood of individuals with MR/DD who are beginning to age? How about the aging caregiver families who have adult children with MR/DD living at home and are experiencing aging-related issues? Where are they going to live and what type of specialized services will we need to develop for these folks? Research shows that many states and organizations are beginning to recognize this huge shift in population and changing needs but to date, there has been little development of specialized programs to accommodate this impending tidal wave. Participants will hear the latest data about aging and MR/DD, what issues are arising around the needs of this population, the need for policy change to fund and accommodate these individuals and what new programs and services are being developed or proposed.

**#30 Employee Engagement in Today's Workforce**

**Patrice Kelly**, *Luther Home of Mercy*

Are there employees in your organization struggling with commitment? If so, this session is for you! There's no better time for employees to be in alignment with their organizations than the present. Employees quit and forget to notify their employers daily. Attendees will leave this session with a greater understanding of the differences between employee engagement vs. employee satisfaction, how to manage within the engagement cycle, developing a prescription to avert disengagement and more!

**#31 What If They Want to Bungee? How to be an Ally in Promoting Self-Determination**

**Lisa Barnes**, *Staff Trainer, Resident Home Association*

Direct Support Professionals are often faced with a conflict of their personal values and opinions differing with the self-determined desires of the people they serve. Participants will discover ways to work through those conflicts and make the consumer's desires and goals attainable. Participants will be able to identify common personality traits that Direct Support Professionals assume when confronted with questions about self-determination. Participants will examine the Ally, Smotherer, and Slacker roles across various situations to distinguish the effectiveness of each. Through situational scenarios, Direct Support Professionals will understand how to balance their own opinions with the dreams of the individuals served. Participants will develop their own perspectives as Allies of the people they support.



**Tuesday, September 16, 2008**  
**3:45 p.m. – 4:45 p.m.**

**#32 IFC/MR Certificates and ODMR/DD Licensure  
Survey Update**

**Anne Biggers, Esq.**, *Rolf & Goffman Co., L.P.A.*

This session will review the certification and licensure survey landscape over the past year. The presenter will discuss what surveyors have been citing and how to respond to those citations. The presenter will share practical experience using real life examples, provide useful strategies for avoiding and minimizing survey citations, and discuss specific examples of winning informal appeal arguments. Participants will learn what is new in the survey landscape, the most common survey problems and how to avoid them, and how to successfully appeal deficiencies.



***Mark Your  
Calendars!!***

**OPRA's  
2009 Spring  
Conference  
is Scheduled for  
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Hotel accommodations are available at the Embassy Suites Hotel, Dublin, OH. Room rates for conference attendees are **\$121.99** plus tax for single or double occupancy. (This rate includes a complimentary cooked -to-order breakfast). Reserve your room directly with the Embassy Suites Hotel and mention you are with The Ohio Provider Resource Association Conference and that our code is **OPR** to receive the reduced rate. This rate is only guaranteed on reservations made on or before **August 23, 2008**.

For Reservations **Call 1-800-Embassy or 614-790-9000** or online at **[www.embassysuites.com](http://www.embassysuites.com)**

Each suite features a private bedroom with one king or two double beds; a separate living room with sofa bed and well-lit dining/work table; wet bar, microwave, refrigerator and coffeemaker; two remote control televisions with in-room movies and video games; and two DID telephone lines and data ports.

### Driving Directions:

- From I-270 -  
Take Exit 17A onto SR 161-RT 33 and go east. Take a right at the first light onto Frantz Rd. Make a right onto Upper Metro Place and the hotel is on the right.
- From I-71 -  
Take Exit 270 West and go eight miles to Exit 17A onto SR 161-RT 33. Take a right at the first light onto Frantz Rd. Make a right onto Upper Metro Place and the hotel is on the right.
- From Port Columbus Airport -  
Take I-270 NW to Exit 17A and go east. Make a right at the first light onto Frantz Rd. Make a right onto Upper Metro Place and the hotel is on the right.

Continuing education credits have been approved for all sessions by the Board of Examiners of Nursing Home Administrations (BENHA). BENHA Number 154-C-08 - *Approved for 12 Course Hours*

OPRA is an approved continuing professional education sponsor of the Accountancy Board of Ohio -  
Sponsor Code: T-0025 - *Approved for 12 Course Hours*

OPRA is an approved provider for The State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board  
Social Work Continuing Professional Education Provider #RSX019404 - *Approved for 12 Course Hours*

ODMR/DD Licensure CEU's - *Approved for 12 Course Hours*.

OPRA is an approved provider for HRCI - Sponsor Code 548481 - *Approval Pending for 12 Course Hours*

Continuing education credits for CB Member; Superintendent; Asst. Superintendent; Case Management - *Approval pending for 12 hours*

Nursing—Any continuing education activity approved by BENHA is accepted by the Ohio Board of Nursing for all nurses in the State of Ohio

In order to receive continuing education credit, you must currently hold the license or certificate and complete an attendance record. You must attend the entire session or day to receive credit



## 2008 OPRA FALL CONFERENCE

**Please Register On-Line at [www.opra.org](http://www.opra.org) or fax completed Registration Form**

**A completed separate registration form must be submitted for each conference registrant.** Please copy the number of forms you need and fill in both conference and session registration on this form. Please make check payable to OPRA and mail check and entire form to: OPRA, 30 Spruce St., 2nd Floor, Columbus, Ohio 43215 or Fax to (614) 224-3340. No phone registrations please.

<b>Name</b>		
<b>Agency</b>	<b>Title</b>	
<b>PO Box/Address</b>		
<b>State</b>	<b>Zip</b>	<b>Phone</b>

### ❖ REGISTRATION INFORMATION ❖

<i>Please check your category for registration:</i>	<b>Member</b>	<b>Non-Member</b>
<input type="checkbox"/> Conference – Day 1 <b>ONLY</b> – September 15th	<input type="checkbox"/> \$130	<input type="checkbox"/> \$205
<input type="checkbox"/> Conference – Day 2 <b>ONLY</b> – September 16th	<input type="checkbox"/> \$130	<input type="checkbox"/> \$205
<input type="checkbox"/> Full Conference – September 15th & 16th	<input type="checkbox"/> \$205	<input type="checkbox"/> \$375
Vegetarian Lunch (No extra charge) _____		
Other Special Accommodations _____ Phone: _____		

### ❖ FEES ❖

\$ \_\_\_\_\_ Total Registration Fee

\$ \_\_\_\_\_ Late Fee - (**\$50.00 per registrant** if received **after Sept. 9, 2008**)

\$ \_\_\_\_\_ Total Enclosed or Purchase Order # \_\_\_\_\_ for \$ \_\_\_\_\_

Cancellation refund deadline is **Sept. 9th**. (A processing fee of \$50.00 will be charged for **each** cancellation received on or after **Sept. 9, 2008**)

### **NO REFUNDS OR CREDITS AFTER SEPTEMBER 9, 2008!**

The full registration fee will be charged for EACH “No-Show”  
Substitutions are accepted.

### CEUs Requested

- ☐ BENHA – *Approved for 12 Course Hours*
  - ☐ Adult Professional Growth/County Board Members/Superintendent/Asst. Superintendent/Case Management – *Approval Pending*
  - ☐ Social Worker Professional Growth – *Approved 12 Course Hours*
  - ☐ Accountancy Board – *Approved 12 Course Hours*
  - ☐ ODMR/DD Licensure – *Approved 12 Course Hours*
  - ☐ HRCI – *Approval Pending for 12 hours*
  - ☐ Nursing – Any continuing education activity approved by BENHA is accepted by the Ohio Board of Nursing for all nurses in the State of Ohio

### Monday, September 15, 2008

#### 9:00 - 10:30

- ☐ #01 – Reaching Success ...

#### 10:45 – 11:45

- ☐ #02 – Collaborating to affect Policy
- ☐ #03 – Representative Payee...
- ☐ #04 – Unemployment Claims...
- ☐ #05 – The DSP as Leader...
- ☐ #06 – Legal Aspects of Nursing ...

#### 1:15 – 3:15

- ☐ #07 – MRDD Futures Implementation
- ☐ #08 – Out of the Shadows
- ☐ #09 – Health Insurance...
- ☐ #10 – Maintaining your Passion...
- ☐ #11 – Psychiatric Disorders...

#### 3:30 – 5:00

- ☐ #12 – Policy Updates
- ☐ #13 – ODMRDD Behavior ...
- ☐ #14 – HR Committees...
- ☐ #15 – On the Track to Teamwork
- ☐ #16 – Philadelphia Insurance

### Tuesday, September 16, 2008

#### 8:30 – 9:30

- ☐ #17 – State of the State...

#### 9:45 – 11:45

- ☐ #18 – Autism Updates
- ☐ #19 – Working with Families...
- ☐ #20 – Drug Diversions in Healthcare
- ☐ #21 – Let’s Talk About Success, Baby!
- ☐ #22 – Drama Kinetics for Fun...

#### 1:30 – 3:30

- ☐ #23 – CARF Accreditation...
- ☐ #24 – OPRA Program Directors
- ☐ #25 – Managing Leaves of Absence...
- ☐ #26 – Impact of PATHS Credentialing
- ☐ #27 – You’re Walking, Talking...

#### 3:45 – 4:45

- ☐ #28 – Overtime: Controlling the Beast
- ☐ #29 – Aging & DD
- ☐ #30 – Employee Engagement...
- ☐ #31 – What if they want to Bungee?
- ☐ #32 – ICF-MR Certificates & Licensure

**THE OPRA FOUNDATION**  
**30 Spruce St., 2nd Floor**  
**Columbus, Ohio 43215**



Ohio Provider Resource Association

*Providing choice and quality care for people with MR/DD*

This brochure contains registration materials for  
**OPRA's**  
**2008 Fall Conference**

**Room reservations due by August 23, 2008**