



## Intellectual and Developmental Disabilities Essentials Library

The Intellectual and Developmental Disabilities Essentials library offers high quality, interactive courses and is designed for staff working with people with intellectual/developmental disabilities in a variety of settings. The courses are developed in consultation with national experts. The library includes a curriculum for Direct Support Professionals (DSPs) with more than 200 course hours accredited to meet credentialing through the National Alliance for Direct Support Professionals (NADSP).



**TRAINING  
MADE EASY**



**IMPROVED  
LEARNING**



**MEANINGFUL  
IMPACT**

### Advanced Skills in IDD Services

Advancing Employment and Cognitive Accessibility for Students with IDD  
CBT for People with Developmental Disabilities  
Down Syndrome and Alzheimer's Disease  
Intellectual Disability Part 1: Understanding the Construct and Its Assessment  
Intellectual Disability Part 2: Assessing Intellectual Functioning and Adaptive Behavior  
Intellectual Disability Part 3: Diagnosing Intellectual Disability and Planning for Supports  
Moving Beyond Survival: Using Tech to Thrive  
Self-Determination Basics for Self-Directed Employees  
Self-Determination Basics for Self-Directed Employers  
Succession Planning  
Systematic Instruction Strategies  
Taking the Vision to Reality: Harnessing the Power of the I/DD Community  
Therapeutic Techniques in Working with Individuals with Intellectual Disabilities and Mental Illness

Trauma Recovery and Positive Identity Development Using Assessments  
Psychopharmacology Controversies in Intellectual & Developmental Disabilities  
Therapeutic Interaction Strategies  
Wage and Hour Guidance for Paying Employees on a Salary Basis  
Wrong to Strong: Using Positive Psychotherapy  
Critical Success Factors for Board Performance  
Augmentative Communication: Low and High Technology Options  
Therapist Resilience & Vicarious Trauma  
IDD and Trauma: Road to Recovery  
Supervisor Training Curriculum - Part 1: Defining Work Expectations  
Supervisor Training Curriculum - Part 2: Assessing, Supporting, and Improving Work Performance  
Supervisor Training Curriculum - Part 3: How to Discipline and Promote Positive Work Place Enjoyment

## Autism Support

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Autism Overview  
Changing Autism Spectrum Disorders By Changing Positive Behaviors  
Introduction to Autism Spectrum Disorders  
Strategies for Socialization and Integration for People with Autism Spectrum Disorder  
Ways to Support People with Autism Spectrum Disorder  
Innovation in Autism: Support for Rural Communities

## Basic Supervision Skills

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Team Building: Introduction  
Basic Supervisory Skills  
Interviewing Techniques  
The Transition to Supervisor  
Improving Employee Engagement in the Workplace  
Sexual Harassment for Supervisors

## Basic Workforce Skills

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Conflict Management  
Working with Difficult People  
Boundaries  
Effective Communication  
Customer Service  
Effective Workplace Writing  
Anger Management  
Working in a Team

## Behavior Support

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Crisis Intervention for Individuals with Developmental Disabilities  
Understanding Dual Diagnosis: Intellectual Disability and Mental Health  
Managing Challenging Behaviors Focused Learning  
Principles of Positive Behavior Support for DSPs Part 1: Overview  
Principles of Positive Behavior Support for DSPs Part 2: Teaching Functional Skills  
Principles of Positive Behavior Support for DSPs Part 3: How To Teach People with Disabilities  
Principles of Positive Behavior Support for DSPs Part 4: Importance of BSPs  
Supervision and the Principles of Positive Behavior Support Part 1: Components  
Supervision and the Principles of Positive Behavior Support Part 2: Implementation  
Promoting Relaxation for Individuals with IDD

Individual Behavior Change: Part 1 - Understanding Behavior  
Individual Behavior Change: Part 2 - Behavior Change Planning

## Compliance/OSHA

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Drugs in the Workplace

## Compliance/Safety

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Corporate Compliance and Ethics  
Cultural Diversity  
Identifying And Preventing Child Abuse And Neglect  
Workplace Harassment  
HIPAA Overview  
Defensive Driving: The Basics  
Got Bugs? Dealing with Infestation  
Quality Improvement: The Basics  
Impaired Co-Workers: Identification and Management  
Bullying On The Job  
HIV: Advanced  
Corporate Compliance: The Basics  
HIPAA Privacy  
HIPAA Security  
Multi-drug Resistant Organisms (MDROs)  
HIV: Basic  
HIPAA Do's and Don'ts: Electronic Communication and Social Media  
HIPAA: The Basics  
Oxygen Safety  
Latex Allergy  
Advance Directives  
First Aid Refresher  
Root Cause Analysis  
Sexual Harassment for Employees  
Ethical Decision Making: The Basics  
Privacy and Confidentiality for Non-HIPAA Covered Entities

## Compliance/Safety-HHS

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Abuse  
Client/Patient Rights  
Client/Patient Safety: Reducing Medical Errors  
CPR Refresher  
DSM-5 Brief Overview  
Handling Food Safely  
Identifying and Preventing Dependent Adult Abuse and Neglect

SBIRT: Intervention and Treatment Services for Individuals with Substance use Issues  
De-escalating Hostile Clients  
Safety In The Field  
Incident Reporting  
Quality Assurance and Performance Improvement for Direct Care Professionals  
Groundwork for Multicultural Care  
Infusion of Culturally Responsive Practices  
Advocacy and Multicultural Care  
Working Effectively with Gender and Sexual Minorities

## Employee Wellness

Employee Wellness - Alcohol Use: How Much Is Too Much?  
Employee Wellness - Dental and Oral Health  
Employee Wellness - Diabetes Prevention  
Employee Wellness - Emotional Intelligence: Feeling & Thinking  
Employee Wellness - Emotional Intelligence: Awareness  
Employee Wellness - Heart Disease Prevention  
Employee Wellness - Healthy Eating on a Budget  
Employee Wellness - Healthy Sleep  
Employee Wellness - Importance of Physical Fitness  
Employee Wellness - Making the Most of Your Memory  
Employee Wellness - Side Effects of Care Giving  
Employee Wellness - Smoking Cessation: Ready, Set, Quit!  
Employee Wellness - Stress Management  
Employee Wellness - Safe Use of Prescription Medications: Part 2  
Employee Wellness - Safe Use of Prescription Medications: Part 1  
Employee Wellness - Time Management  
Employee Wellness - Weight Management  
Employee Wellness - Work-Life Balance

## Health and Safety in IDD Services

Environmental Safety for Individuals with Developmental Disabilities  
Health and Safety Management  
Medication Management for Individuals with Developmental Disabilities Part 1  
Medication Management for Individuals with Developmental Disabilities Part 2  
Responding to the Health Care Needs of Individuals with Intellectual and Developmental Disabilities  
Writing Effective Incident Reports  
Guidelines for Effective Documentation  
Abuse and Neglect of Individuals with I/DD  
Dental and Oral Health for Individuals with I/DD

Risk Management for Individuals with IDD  
Fall Prevention Focused Learning  
Nutrition and Exercise Focused Learning  
Guidelines for Effective Documentation Focused Learning  
Responding to Healthcare Needs Focused Learning  
Bon Appetit! An Overview of Safe Eating and Drinking Focused Learning  
The Elder Justice Act  
Psychotropic Medications  
Risk Screening for Best Practices  
Healthcare Needs for People with IDD: Common Health Problems and Interventions  
Healthcare Needs for People with IDD: Vital Signs  
Healthcare Needs for People with IDD: Constipation  
Healthcare Needs for People with IDD: Seizures  
Healthcare Needs for People with IDD: Assessing Healthcare Needs  
Medical Error Prevention for Direct Care Workers  
Supporting Individuals with Disabilities During Emergencies

## HR/Legal

FLSA: What Supervisors Need to Know  
FMLA: What Supervisors Need to Know  
Discrimination in the Workplace: What Supervisors Need to Know  
Documentation for Supervisors  
Affirmative Action

## IDD State Specific

Illinois Human Rights  
Illinois Abuse and Neglect: Recognition, Prevention, and Intervention  
Illinois Personal Hygiene for Individuals with I/DD  
Illinois Guidelines for Effective Documentation  
Illinois Health and Safety Management

## Introduction to Developmental Disabilities

Basic Communication and Conflict Management Skills  
Cultural Competence for the DSP  
Disabilities Overview  
Principles and Practices of Effective Direct Supports  
Supporting Everyday Lives for People with Disabilities  
Employment Support Focused Learning  
Human Growth and Development Across the Lifespan  
Intellectual Disability Overview

## Management and Leadership Fundamentals

Communication Essentials: Communication Style Effectiveness  
Communication Essentials: Navigating Conversations  
Communication Essentials: The Effective Listener  
Leadership Fundamentals: Leading as a Coach  
Leadership Fundamentals: Management vs. Leadership  
Leadership Fundamentals: Relationship-centric Leadership  
Management Fundamentals for the Emerging Leader  
Management Fundamentals: Setting the Stage for Success  
Management Fundamentals: Winning at Work  
High Performing Teams: Achieving Excellence  
High Performing Teams: Aligning and Developing Your Team  
High Performing Teams: Building an Effective Team  
Change Management 1: Navigating the Dynamics of Change  
Change Management 2: Leading the Implementation of Change  
Inspiring Performance: Motivating and Managing for Results  
On-Boarding and Culture Development  
Effective Communication for Supervisors

## OSHA Requirements

Bioterrorism  
Fire Safety  
Workplace Violence  
Fire Safety Evacuation Procedures Skills Checklist  
Infection Control  
Hand Hygiene: The Basics  
Workplace Emergencies and Natural Disasters: An Overview  
Tuberculosis: The Basics  
Hazardous Chemicals: SDS  
Workplace Emergencies and Natural Disasters: Earthquakes and Tsunamis  
Workplace Emergencies and Natural Disasters: Extreme Heat and Cold  
Workplace Emergencies and Natural Disasters: Flooding and Landslides  
Workplace Emergencies and Natural Disasters: Hurricanes  
Workplace Emergencies and Natural Disasters: Tornadoes  
Hazardous Chemicals- MSDS  
Bloodborne Pathogens  
Hazardous Chemicals: The Basics  
Fire Safety: The Basics  
Infection Control: The Basics  
Tuberculosis Overview

OSHA: Confined Space  
Lockout/Tagout  
Ergonomics: Office  
Personal Protective Equipment  
Influenza  
WEBINAR: The Ebola Virus: What You Need To Know  
Workplace Safety: The Basics  
Sharps: Needlestick Injury Prevention and Response  
Preventing Slips, Trips and Falls  
Electrical Safety  
Back Injury Prevention  
Safe Transfers  
Beating Workplace Violence: Assess, Defend, and Survive  
The Two Most Common Forms of Workplace Violence: Hostile Encounters and Domestic Violence  
Workplace Violence Prevention  
Preparing for Pandemic Influenza

## Person Centered Services in IDD

Alternative Communication Strategies  
End of Life Care for People with Intellectual and Developmental Disabilities  
Grief and Loss in Individuals with Dual Diagnosis  
Person Centered Planning for Individuals with Developmental Disabilities  
People with Disabilities: Building Relationships and Community Membership  
Supporting Quality of Life for a Person with Developmental Disabilities  
Using Service Plans Focused Learning  
Self-Advocacy Focused Learning  
Trials and Tribulations of Life's Transitions in IDD  
Choice Making for People with Intellectual and Developmental Disabilities  
Augmentative and Alternative Communication for IDD

## Personal Outcome Measures (CQL)

Application of the Personal Outcome Measures for Behavioral Health  
Application of the Personal Outcome Measures for Children, Youth, and Families with Young Children  
Learning about People - Interviewing Techniques  
Looking at the Data - Decision-Making around Personal Outcome Measures  
Using Personal Outcome Measures® in Evaluation and Planning for Organizations  
Overview of the Personal Outcome Measures®  
Using Personal Outcome Measures® in Planning for People  
The Power of Personal Outcome Measures®

## State - Specific

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Child Abuse for Mandatory Reporters - Iowa  
Dependent Adult Abuse for Mandatory Reporters - Iowa  
Sexual Harassment Prevention Training for CA Supervisors  
Background Checks and the Rights of the Elderly - Texas  
DADS  
HCSSA Licensing Rules - Texas DADS  
Assist with Self-Admin of Meds in ALFs, FL  
Infection Control: New York State Mandatory Course  
Ohio Nurse Practice Act  
Medical Record Documentation and Legal Aspects  
Appropriate to Nursing Assistants in Florida  
Texas House Bill 300  
An Overview of the Florida Board of Nursing and Nursing  
Practice  
Domestic Violence 2 Hour FL Required Training  
Florida Requirements for Supervision by LPN's in Nursing  
Homes  
Extended Congregate Care Part I  
Extended Congregate Care Part II  
California Law - Reporting Elder and Dependent Adult  
Abuse  
Suicide Assessment, Treatment, and Management  
HCSSA Licensing Rules: Texas DADS for Hospice  
HIV and AIDS - Florida Laws

## Workforce Skills - Supervision and Management

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The Risk Management Process – From Identification to  
Monitoring Results  
Project Management Basics  
Analyzing Performance and Corrective Action Plans  
Coaching and Mentoring in the Workplace  
Supervisor's Guide to Safety in Orientation  
Workplace Harassment Prevention  
Understanding Substance Use Problems in the Workplace  
WEBINAR: What Great Managers Do Differently

## Workforce Skills and Development

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Attitudes at Work  
Problem Solving: Solutions in the Workplace  
Stress Management in the Workplace

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