# ONLINE HEALTH SURVEY Adults with Down Syndrome





The Ohio State University Medical Center and Nisonger Center are working together to investigate the Health of Adults with Down syndrome. We are seeking participants to complete an online questionnaire to help us better assess the health characteristics and access to healthcare services of adults with Down syndrome.

#### How Can I Help?

If you are the parent/legal guardian, grandparent, adult sibling or caregiver of an adult (over 18 years old) with Down syndrome, you are eligible to participate in our online health survey! The questions should be completed regarding the adult with Down syndrome. We encourage the adult with Down syndrome to actively participate in completing the questionnaire (with assistance). The survey can only be completed ONCE for each adult with Down syndrome.

#### What else should I know about the questionnaire?

- It takes about 15-20 minutes to complete.
- All of your responses will be anonymous and confidential.

### Will I receive anything for participating?

- As a token of our appreciation for your time, you will receive a \$5 gift card to a sporting goods store.
- The adult with Down syndrome will be entered to win one of three Wii + Wii Fit bundles that will be drawn from approximately 300 research participants.

If you or someone you know is interested in participating, the following link will take you to the survey:

www.surveymonkey.com/s/DS\_Health\_Survey.

This project is made possible with funding from The Columbus Foundation Grant # TFB11-0357 TG

#### For questions, contact:

Matt Grover, Study Coordinator Matthew.Grover@osumc.edu 614-247-4801









## AUT DOWN SYNDROME RESEARCH STUDY

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Researchers from The Ohio State University Medical Center and Nisonger Center are working together to study the health traits of adults with Down syndrome.

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If you or your family member has a diagnosis of Down syndrome and are over the age of 18 years, you are eligible to participate in this study.

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If you agree to participate in the study a targeted physical examination, a family history, and blood testing will be performed.

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Risks to this study include risk of blood draw and possible risk related to breach of confidentiality of personal health information.

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The only direct benefit of this study is that subjects will have routine laboratory testing performed at no cost and the results of this testing can be used in their medical care. Otherwise there is no direct benefit to participants. The potential benefits to society include an increased understanding of the natural history of Down syndrome and the development of better diagnostics and therapeutics.

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All individuals who participate in this study will receive a \$50.00 gift card to a sporting goods store and a \$10.00 gas card. In addition, they will be entered into a drawing to win a Wii and Wii Fit Bundle.

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If you are interested in learning more about this study, please contact Dawn Allain at 614-293-9713.