



# Online Health Survey – We Need Your Help!

The Ohio State University Medical Center and Nisonger Center are working together to investigate the Health of Ohioans with Down syndrome. Research shows that people with Down syndrome are at a higher risk for developing chronic health problems than the general population. It has also been reported that people with Down syndrome have a more difficult time accessing appropriate medical services when they get sick, and sometimes physicians lack the appropriate training or comfort level in dealing with their unique needs. We are seeking participants to complete an online questionnaire to help us better assess the health characteristics and access to healthcare services of adults with Down syndrome. The information we are seeking will allow us to see problems in current healthcare for people with Down syndrome, and may help us make recommendations for improvements in healthcare being provided, as well as allow us to better identify training needs of medical professionals to recognize the specialized health needs of this population.

## How Can I help?

If you are the: **parent/legal guardian, grandparent, adult sibling, or caregiver of an adult (over 18 years old) with Down syndrome, you are eligible to participate in our online health survey!** Sample questions will include things like: “Does this person have a primary care doctor?” “When was this person’s last cancer screening?” The questions should be completed regarding the adult with Down syndrome. If capable, we encourage the adult with Down syndrome to actively participate in completing the questionnaire (with assistance). The survey can only be completed **ONCE** for each adult with Down syndrome.

What else should I know about the questionnaire?

- It takes about 15-20 minutes to complete.
- The survey will automatically save your responses – this allows you to fill it out at your convenience if you get interrupted or need to ask for clarification if an item is unclear.
- All of your responses will be anonymous and confidential.

Will I receive anything for participating?

- As a token of our appreciation for your time, you will receive a \$5 gift card to a sporting goods store.
- The adult with Down syndrome will be entered to win one of three Wii + Wii Fit bundles that will be drawn from approximately 300 research participants.

If you or someone you know is interested in participating, the following link will take you to the survey:  
[www.surveymonkey.com/s/DS\\_Health\\_Survey](http://www.surveymonkey.com/s/DS_Health_Survey)

For questions, contact:

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