## Directions

***Cathy Faulconer RN, BSN, CIC***is currently working at Highland District Hospital as Director of Performance Improvement / Corporate Compliance. Cathy received her BSN from Wright State University. She is certified in Infection Control, has specialized education in Diabetes, and is a certified insulin pump trainer. She has over 15 years of nursing experience including; Geriatrics, Medical-Surgical, Telemetry, Nursing Supervision, Infection Control, Occupational Health / Employee Health, Capacity Management, and Diabetes Education.

***Ashley H. Bolender, R.D., L.D.***is a Clinical Dietitian/Diabetes Educator at Highland District Hospital. Ashley has worked at HDH for 4 ½ years, providing Medical Nutrition Therapy and specializing in outpatient Diabetes Education. HDH has an accredited American Diabetes Association (ADA) Outpatient Diabetes Education Program. Ashley received a Bachelor of Science degree in Dietetics (Magna Cum Laude) from Morehead State University and completed the Miami Valley Hospital Dietetic Internship Program.

***Nanette R Wrobel, RPh.***Is the Director of Development, of Pharmacy Alternatives. This is a business endeavor for a national pharmacy servicing the developmentally disabled populations, located out of Illinois. She is a graduate of the University Of Illinois College Of Pharmacy. Nanette has been a practicing pharmacist for over 30 years. She has been a featured speaker at many conferences, including: National and International American Association of Mental Retardation, National Association of the Dually Diagnosed, National as well as Illinois Developmental Disabilities Nursing Associations.

After attending this presentation participants will be able to:

* Differentiate between Pre-Diabetes (DM)/Type I DM/Type II DM
* Be aware of current recommendations for lab tests and up-to-date exams related to DM management
* Understand DM-related complications; risk of, prevention of, and management of this
* Understand current ADA recommendations for DM management, including: A1C, blood pressure, cholesterol, diet, exercise, blood glucose monitoring
* Understand basic carbohydrate counting, food label reading, &how food/drinks/alcohol affect blood sugar
* Identify different types of fat and examples of foods high in fat/cholesterol/sodium
* Determine the importance of behavior change related to food choices, including healthy dining out tips and portion control
* Understand the benefits of dietary fiber and how it affects blood sugar
* Define current ADA recommendations of total carbohydrate gram targets for meals and snacks, spacing and timing of meals and snacks, and consistency in carbohydrates eaten
* Identify the various classifications of oral and injectable medication currently used in the treatment of diabetes mellitus
* Describe the mechanism of action, pharmacokinetics, dosing, adverse events and drug interactions of each classof diabetes medications

**OVERVIEW**

##### **Seminar Location**

##### Xenos Christian Fellowship

##### 1340 Community Park Drive Columbus, Ohio 43229

**Healthcare Advisory Committee Presents:**

For additional information please call:

Ruth Hanna, Nursing Services Manager

Mercer County Board of DD

Ph. 419.586.2369 ext. 229

**To Get There:**From I-71 and I-270, drive east on 270 to the first exit (Cleveland Avenue). Go south on Cleveland to the first light (beside the Home Depot). Turn right on Community Park Drive.

The entrance is about ¼ mile down Community Park, on the right. You can't miss the sign.

For more information: www.xenos.org

**Diabetes in Individuals with DD**

At the

Xenos Christian Fellowship

Columbus, Ohio

November 16, 2011

**Presented By**

Cathy Faulconer, RN, BSN, CIC

Ashley H. Bolender, R.D., L.D.

Nanette R Wrobel, RPh.

Registration Form

|  |  |  |  |
| --- | --- | --- | --- |
| Sign up for: |  |  |  |
|  | Nursing 5.75 CEUs |  |  |  |
|  | Social Workers 5.75 CEUs |  |  |  |
|  | 5.75 State Contact Hours |  |  |  |
|  | Certificate of attendance |  |  |  |
|  |
|  |
| Name |
| Address |
|  |
|  |
| Phone |
| Special needs/Special Dietary Needs |

Please check if you need email confirmation:

\_\_\_\_  Registration confirmation

\_\_\_\_   For receipt of payment

Email address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The Healthcare Advisory Committee (HAC) was organized in May of 1992.  The committee is currently comprised of volunteer RNs and LPNs from various County Boards, Providers, and COG agencies.  The mission of the HAC is to provide support and education for individuals with intellectual, mental or developmental disabilities and the nurses that serve them.

**Continuing Education Credits**

5.75 Nursing Continuing Education Units are approvedfor Nursing.  For further information call Jacqueline at (330)717-5322.

**Cancellation Policy**

Cancellations prior to November6, 2011 will receive a 50% refund.  Refunds will not be granted for cancellations after November 6, 2011.

**Registration deadline November 6, 2011**

Capacity **Limited to 275**

## Healthcare Advisory Committee

# Schedule

8:15 AM to 8:45 AM Registration

8:45 to 9:00 Welcome/Introduction

**9:00-10:15Presentation**

10:15 to 10:30Break

**10:30 to 11:45 Presentation**

11:45 to 12:45 Lunch

**12:45 to 2:00Presentation**

2:00 to 2:15 Break

**2:15 to 4:15 Nanette Wrobel, RPH*.***

4:15 Evaluations/Certificates

*Registration Deadline is* ***November 6, 2011***

$50.00 Registration fee includes 5.75 Nursing CEUs, handouts, refreshments and a lunch.

*Returned checks will be charged a $50 penalty fee.*

|  |
| --- |
| You must attend the entire seminar to receive continuing education units.  Attendees who arrive late or leave early will receive a certificate of attendance only. |

Please mail this registration and $50 check to:

Healthcare Advisory Committee, Inc

c/o Patti Higgins

1275 Lakeside Avenue East

Cleveland, Ohio 44114-1132

*We’re Sorry. We are unable to accept purchase orders for this seminar*

(216)861-0253 (fax)~ office (216)736-2686

**REGISTER EARLY!**

**Limited Capacity!**